

KIDS MAKING A REAL DIFFERENCE: Kids With Courage 'Care Cards' Program



The program simply explained:

WHAT: Care Cards Program—making a difference. Remember how you felt when you were first diagnosed with Type 1 diabetes? *Scared, angry, sad, lost, overwhelmed, alone*—those kind of feelings. Newly diagnosed children could really use some encouragement from other kids. Because you have been there, YOU would be perfect to bring this support.

WHO: The program is open to children and young people, families, friends. You can even have a 'Care Card' card making party. *Note to parents:* If your child cannot write yet, you may write their words for them.

WHEN: Now and always.

HOW TO JOIN IN THE FUN:

1. Get out your supplies, such as crayons, colored pencils, markers, scissors, glue, stamps, stickers, drawing paper, card stock—things like that. (\$ store has great packages of mini cards that can be customized)
2. Fold your paper/card stock in ½ to make a blank card
3. Think about what you want to draw. Or use stickers. Think about what you want to say.
4. Get busy. Have fun!
5. Put your card in a big envelope, address it, stamp it and mail it to:

kids with courage
FOUNDATION
PO Box 7034
Lee's Summit, MO 64064

Congratulations on taking the initiative and making a card. You can do this. You can write a caring, meaningful note that will bring encouragement to a kid, just like you!

We will make sure it gets to a newly diagnosed child or young person with Type 1 diabetes.

Making a 'Care Card' and taking action helps teach children about charity and giving.

Beyond being educational, doing for the benefit of others is enjoyed by kids.

Parents—I believe you will have as much fun as your child.

EXAMPLE: Care Card Sentiment

(Avoid using 'GET WELL SOON')

We're thinking about you as you learn all about this T1 diabetes. It's not easy, but we know you can do it. You're a champion!

Best wishes!

You'll be jump roping again very soon... Hang in there!

We're thinking about you!

You're a CHAMPION!
You'll get this T1 diabetes figured out soon and you'll be feeling good!

We're thinking about you as you learn all about this T1 diabetes. It's not easy, but we know you can do it. You're a champion!

Best wishes!

Just sending you a little courage to help you along your way. Even though we've never met, I also have Type 1 diabetes and I know you can do this.

Rooting for you!

We're thinking about you as you learn all about this T1 diabetes. It's not easy, but we know you can do it. You're a STAR

Best wishes!

You're a CHAMPION!
You'll get this T1 diabetes figured out soon and you'll be feeling good!

We're thinking about you as you learn all about this T1 diabetes. It's not easy, but we know you can do it. You're a champion!

Best wishes!

Just sending you a little courage to help you along your way. Even though we've never met, I also have Type 1 diabetes and I know you can do this.

Rooting for you!